



# SLO Swim Center

Summer 2019 Hours  
June 10 - August 11, 2019



## OLYMPIC POOL HOURS

MORNING (Monday-Saturday)	
6:00 AM – 8:00 AM	Long Course Lap Swim ( <i>Mon-Fri</i> )
6:30 AM – 8:00 AM	Long Course Lap Swim ( <i>Sat</i> )
NOON (Monday-Saturday)	
11:30 AM – 1:30 PM	Short Course Noon Lap Swim
REC SWIM (Monday-Sunday)	
1:45 PM – 4:00 PM	Recreational Swim
5:30 PM – 8:00 PM	Friday Night Family Rec Swim
EVENING (Monday-Thursday)	
5:30 PM – 7:30 PM	Short Course PM Lap Swim

## THERAPY POOL HOURS

NOON (Monday-Saturday)	
11:30 AM – 1:20 PM*	Therapy Pool Open
REC SWIM (Monday-Sunday)	
1:45 PM – 4:00 PM	Recreational Swim
5:30 PM – 8:00 PM	Friday Night Family Rec Swim
EVENING (Monday-Thursday)	
5:30 PM – 7:20 PM*	Therapy Pool Open
*11:30 AM - 1:20 PM & 5:30 PM - 6:30 PM: The 4 foot deep section of the therapy pool is reserved for adult and seniors. *12:45 - 1:15 PM: The middle section of the therapy pool will be reserved for a Baby and Me class.	

Phone: 805-781-7288

Info Recording: 805-781-7284



@sloparksandrec

## PRICING

### Daily Use:

Adult: \$3.00 // Senior & Youth: \$2.50

### Rec Swim Daily Use:

Adult: \$4.00 // Senior & Youth: \$3.50

### 30 Day Pass:

Adult: \$45 // Senior & Youth: \$35

### Swim Scripts (10 Pass):

Adult: \$27 // Senior & Youth: \$22.50

### Rec Swim Scripts (10 Pass):

Adult: \$37.00 // Senior & Youth: \$31.50

### Warm Water Exercise:

Pass for 20: \$100

## Aqua Aerobics Classes

**Mon - Sat:** 11:40 - 12:30 PM

*held in the Olympic Pool*

**M, T, W:** 5:40 - 6:30 PM

*held in the Therapy Pool*

## Aqua Pilates

**Tues and Thurs:** 12:40 - 1:30 PM

*held in the Olympic Pool*

## Deep Water Exercise

**Wed and Fri:** 12:40 - 1:30 PM

*held in the Olympic Pool*

## Warm Water Exercise

**M, W, F:** 7 - 8 AM, 8 - 9 AM, 9 - 10 AM

*held in the Therapy Pool*