

SLO Swim Center FAQ



Hours/Admission/Phone/Directions

What are the hours at the SLO Swim Center?

There are three public swim sessions during the Fall/Winter/Spring seasons and four public swim sessions during the Summer. For a detailed seasonal schedule please go to <https://www.slocity.org/government/department-directory/parks-and-recreation/slo-swim-center>.

How much is admission and what forms of payment do you accept?

For lap swimming admission is \$3 for adults (18-55yrs) and \$2.50 for children and seniors (0-17yrs & 55yrs+). For recreational swim the admission for adults is \$4 and \$3.50 for children and seniors. The SLO Swim Center accepts cash, check, and card for payment.

Do YMCA Members get access to the pool?

Yes, YMCA Members who have a facilities membership have access to the SLO Swim Center during public swim sessions. Additionally, our aqua fitness classes that take place during public swim sessions are available to YMCA Members. The Warm Water Exercise classes are not included with a YMCA membership and class participants must purchase a Warm Water Exercise class pass. To enter as a YMCA Member, simply scan your membership card at our scanner and then enjoy the facility.

What is the phone number?

The SLO Swim Center's phone line is 805-781-7288. For the information recording please call 805-781-7284.

Can my child come to swim alone at the SLO Swim Center?

Children under 48" require adult supervision at all times.

Where are you and how do I get there? Is there parking?

Address: 902 Southwood Dr. in San Luis Obispo, Ca

Directions:

From Broad St.

Turn onto Orcutt (Chevron is on the corner). You will next need to turn left onto Laurel Ln after the train tracks. Next, turn left on Southwood Dr and the swim center is at the very end.

From Johnson Ave:

Turn onto Laurel Ln. At the second stop sign, turn right onto Southwood Dr and the swim center is at the very end.

Parking:

There is a parking lot for SLO Swim Center and park users that is free of charge.

What days are you closed?

We post a year long list of closures at the beginning of each calendar year which can be found here: <https://www.slocity.org/home/showdocument?id=22438>.

The SLO Swim Center may also close due to unforeseen circumstances.

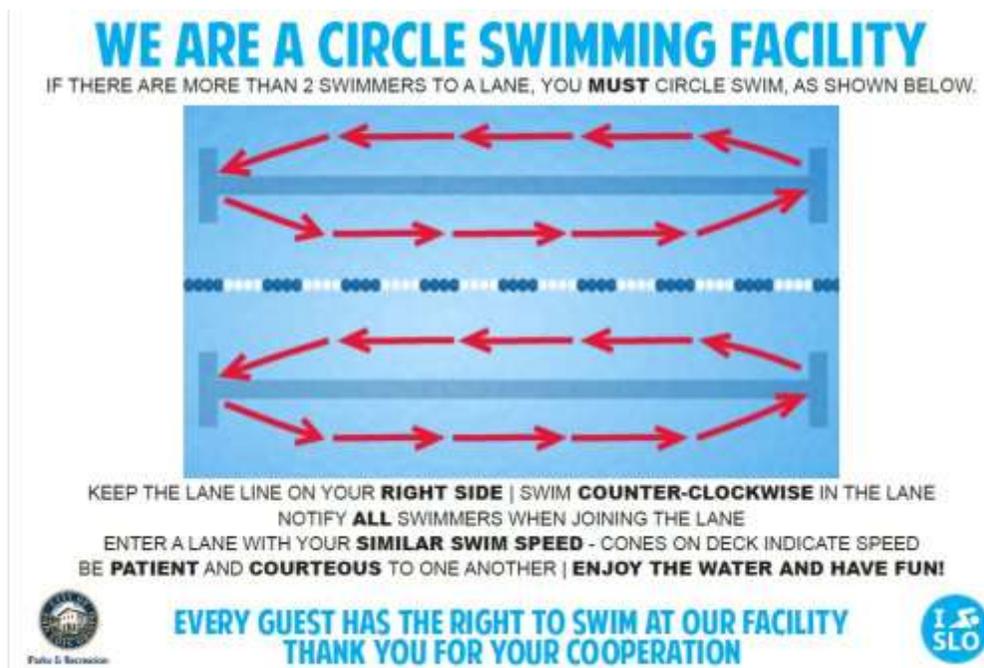
All About the Pools

How many pools do you have? Are they indoor and/or heated?

We have two outdoor pools that are heated year-round. The Olympic Pool is 50m x 25yds, kept at 80°F±2°F, and ranges in depth from 4'-13'. The Therapy Pool is kept at 90°F±2°F and ranges in depth from 1'-4'.

Are you a circle swimming facility?

Yes. The SLO Swim Center is a circle swimming facility which means that when more than 2 people are in a lane, the swimmers must begin to circle swim. A visual of circle swimming can be found below:



Are there suggested lane speeds? Is there a walking/aqua jogging lane?

Yes, to both. On the deck, there will be cones that mark the beginning of suggested speed zone. The speeds are only suggestions and if you find an open lane “not in your speed zone,”

you are more than welcome to swim there. We have both walking lanes and aqua jogging lanes at all public swim sessions. These lanes are noted with a cone.

Are there lockers and showers?

We do have showers in both bathrooms and on deck. We do not have any lockers, but you can take any items with you on to the pool deck or check them behind the front counter with our cashiers using our storage bags.

Are the pools ADA accessible?

Yes, both pools have ADA accessible lifts.

Do you offer any fitness classes?

Yes, the SLO Swim Center offers 4 different fitness classes. We have Aqua Aerobics, Aqua Pilates, Deep Water Aqua Aerobics, and Warm Water Exercise. All classes, except the Warm Water Exercise class, are the same cost as the daily use fees for lap swimming.

The Warm Water Exercise classes can be purchased in a bundle of 20 for \$100.

For more information and a schedule of classes please visit

<https://www.slocity.org/home/showdocument?id=22292>.

Do you offer swim lessons? How can I register for them?

The SLO Swim Center does have a swim lesson program that is offered year-round. We offer private, semi-private, and group lessons. Most lessons are for children ages 3-17. We also have a Baby & Me lesson for ages 3 & under as well as adult lessons. You can find a description of the different levels at <https://www.slocity.org/home/showdocument?id=19049>.

Swim lessons registration can be done online or in person at the Parks and Recreation office or at the SLO Swim Center. For online registration go to

<https://apm.activecommunities.com/sloparksandrec>.

For more information please call the SLO Swim Center at 805-781-7288.

Why aren't you open to the public all day?

The SLO Swim Center has many users, including local swim and water polo teams, throughout the day and in order to accommodate their needs the facility is closed to the public at certain times. In addition to our other users, the SLO Swim Center has daily cleaning times in order to maintain our facility for our guests.

Why would the pool close unexpectedly?

Unfortunately, SLO Swim Center management must make the difficult decision to close portions or the entire swim center due to unforeseen circumstances. We do everything in our power to avoid unexpected closures, however due to the inability to predict staff shortages, injuries, contaminations, or major medical emergencies we cannot usually give forewarning of a closure. If we can let the public know before the closure, we will do so via our monthly newsletter email list which you can sign up by emailing rec_aquatics@slocity.org.

What are the pool rules?

You can find a full list a pool rules at <https://www.slocity.org/home/showdocument?id=11389>.

What else should I know about the SLO Swim Center?

In an ongoing effort to provide a safe and enjoyable pool experience for our community, the SLO Swim Center utilizes training exercises to maintain and improve our lifeguards' skills and surveillance. In the event of one of these drills, SLO Swim Center management will be present and attempt to make it clear to all guests that it is a drill and that no emergency medical services need to be called. If you have more questions about these drills, please reach out to SLO Swim Center management for more information.

How do I sign up for the monthly newsletter?

The monthly newsletter is the best way to stay up to date on all things SLO Swim Center. To sign up please email rec_aquatics@slocity.org or scan the QR code below.



Why isn't Recreation Swim offered year-round?

While we would enjoy having Recreation Swim year-round, it requires a large amount of resources that we do not have in the Fall, Winter, and Spring. Recreation swim time requires many lifeguards to safely watch the entire pool and all its patrons. Since most of the lifeguarding staff are high school or college students, the amount and availability of our guards diminishes during the school year. For this reason, Recreation Swim is only offered during the summer season which runs from June-August.

Can we bring...? /Do you have...?

Do you have swim diapers for sale?

Yes, we offer swim diapers at the cashier counter for \$1.00.

Do you have goggles, swim wear, and/or towels for sale?

No. The only items, other than swim passes, that we have for sale are swim diapers. Additionally, we do not loan out any items from the lost and found.

Can we bring in our own food?

Yes, you can. All we ask is that the food is kept away from the pool and that you clean up afterwards. As always, there is **no glass** allowed on the pool deck.

Can we bring in flotation devices?

The SLO Swim Center only allows US Coast Guard (USCG) approved life jackets. If the life jacket is USCG approved, it will usually say so on the inside of the life jacket. All other flotation devices are prohibited at the SLO Swim Center.

Can we bring in pool toys?

Diving toys are allowed at the SLO Swim Center during therapy pool hours. We ask that guests refrain from bringing any throwable toys to the pool as they may cause injury to others, and if it is busy enough, we will ask that the toy be removed. We do not allow pool toys during rec swim.

Can we bring our dog?

The SLO Swim Center, in accordance with SLO County Health Codes, does not allow animals on the pool deck unless they are a service animal. Service animal owners may be approached by swim center staff to ask if the animal is a service animal if it is not obvious.

Are the bathhouses/restrooms at the SLO Swim Center ADA accessible?

Yes, the Men's, Women's, and single occupancy bathhouses/restrooms are ADA accessible.

Do you have a family locker room/restroom?

Yes, we offer a single occupancy restroom that has a shower and changing area that families can use.

Do you have water fountains or a water bottle filler?

We have water fountains and a water bottle hydration station on deck. Both can be found at the old bathhouse which is at the deep end of the pool.

Do you have suggested swim workouts?

Yes, we have 5 different suggested workouts for you to use while at the facility. We have copies of these workouts laminated and on the cashier counter. If you cannot find any, ask the cashier and they will be happy to help you. Please return the cards to the cashier's area before leaving the facility.