

VOLUNTEERS NEEDED

30th Annual SLO Triathlon

Sunday, July 26, 2009

www.slotriathlon.org



San Luis Obispo, California
A Tradition for Thirty Years

**All Volunteers Receive:
FREE T-shirt, water bottle, snack pack,
thundersticks, & appreciation raffle entry!**

Interested volunteers, please complete ALL information below and return to the City of SLO Parks and Recreation Department, 1341 Nipomo Street, San Luis Obispo, CA 93401. Emails and phone calls are also welcome!

PLEASE RETURN BY FRIDAY, JULY 3, 2009

Name: _____

Phone: _____

Email: _____

Address: _____

City: _____

Zip: _____

ONE Volunteer Meeting will be held prior to the Triathlon. Volunteers are asked to attend the meeting held at the Ludwick Community Center, 864 Santa Rosa Street, San Luis Obispo on **Tuesday, July 22 from 6 p.m. - 7 p.m.**

For more information or to volunteer contact the City of SLO Parks and Recreation Department at **805-781-7300** or contact the volunteer coordinator, Amy Voorhies, by email, avoorhie@slocity.org, phone **805-781-7069**.

Many thanks on behalf of the City of San Luis Obispo Parks and Recreation Department!



slotriathlon

T-shirt Size
(circle one):

S M L XL

Desired Location
(circle one):

- Swim Course
- Bike Course
- Run Course

Shift Time
(circle one):

- 6 a.m. - 12 p.m.
- 11 a.m. - 5 p.m.
- All Day!



The City of San Luis Obispo is committed to include the disabled in all of its services, programs and activities. TDD (805) 781-7410.