San Luis Obispo County Community Services

EMERGENCY ASSISTANCE
311 SLO County Hotline - Dial 2-1-1 or 800-523-1241 for confidential information about local assistance programs. English and Spanish

SLO County Housing ($3240 S. Road, 781-8830) (24 hrs.)

Crisis Services

Crisis Services - Call for services, homes, and locations: (460-4683) (24 hrs.)

CCMD Services

Mental Health Services - SLO County For Apointments: 880-8338 for community referral services. SLO (781-8787) (8:00am-5:00pm)

Emergency shelter, case management, and counseling

Shelter

Food Bank

SLO Child Abuse Prevention Program (355-3888) (24 hrs., Every Day) Crime line and advocacy & counseling for survivors of sexual assault and their loved ones. 315 Casa Leon St., (800-333-3333) (24 hrs.)

COMMUNITY SERVICES

Community Health Centers of the Central Coast (258-8944) - Medical services in various locations across SLO County. Primary care and some specialty services.

SLO Food Distribution Center - By appointment (539-1790) Volunteer-based free health care for uninsured people. 1248 Phillip Lane Suite B, SLO. Clinic Hours: 8:00am-5:00pm (Mon. & Sat. Only)

Public Health Department of SLO (781-2111) Immunizations, high risk infant follow-up, Communicable disease testing (seriously memrized, HIV, TB), Family planning, WIC Food and Nutrition Program, Tobacco cessation (219 Johnson Ave., SLO. Services in Paso Robles (237-5099), Templeton (473-7005)

Carthage Medical Center Community Health Program (CMCHP) (805-463-0123) 1350 Johnson Ave., SLO.

SLO Limited authorized medical care for county residents between 21 & 64 who are eligible for Medi-Cal and are unable to pay for necessary medical care.

Center for Health and Care (CASC) (544-2460) Reproductive health services, Immunizations; High risk infant followup, Tuberculosis (SLO) 8:00am-5:00pm, Mon-Fri.

FOOD

Food Bank of San Luis Obispo (238-65466) (Mon-Fri). 8:00 am-4:00 pm Call for days and times of food distribution and meal sites across SLO County

People’s Kitchen of South County - Hot Lunch (Mon-Sat. 11:30 am-1:00 pm; Sun, 5:00 pm-7:00 pm) 607 W. Grand Avenue (Between S. & W. 7th Ave., Grover Beach)

Leaves & Eats (228-4742) (Mon-Fri, 7:30am-9:00 pm) & (Sat & Sun, 9:30 pm-7:00 pm) Food (Take-leaves groceries), Walk in Center, Counseling and Companionship, 3205 Spring Street, Paso Robles (5471 E Camino Real, Atascadero (461-9008) Ext. 201, Dr. Paul Haddad)

Chico’s Kitchen - Hot meal (Mon-Fri, 11 am 12:30 am; 2 pm, SLO. Church 1937 River Ave) (Mon-Fri, 9:00 am-12:00 pm)

People’s Kitchen of South County - Support program of Transnational Food - Shelter (Mon-Fri, 5:00 pm-6:00 pm) 1st International Church, Paso Robles

TRANSPORTATION

Countywide Transportation Coordinating Council (531-2141) 24 hrs., Every Day.

All Transportation Types, including STO and SLO Transit. Public transportation, bus schedules and route information, Ride Share, road conditions, roadside assistance

Ride-O (141-8747) Call for general transportation services (6:00 am-4:00 pm, Mon-Fri)

LEGAL ASSISTANCE

California Rural Legal Assistance (544-7974) (Mon, Tues, Thurs, Fri, 10:00 am-2:00 pm) Landlord/tenant, labor, and debt relief cases (no criminal or family law)

VETERANS BENEFITS

SLO County Veterans Service Office (781-5796) 801 Grand Ave, SLO 9:00 am-5:00 pm, Mon-Fri. Assist & represent veterans (at no cost) in obtaining benefits and services extend through military service.

Vetera’s Center (258-6044) US Dept of Veteran’s Affairs Upcoaching counseling and resources for veterans - 4090 Southwest Dr. (8:00 am-4:00 pm, Mon-Fri)

SOCIAL SERVICES

SLO County Dept of Social Services (781-4100) General Assistance, CalWORKS, CalFresh, Medi-Cal, SLO, SLO (781-4100) (8:00 am-5:00 pm, Mon-Fri)

S.A.F.E. Family Resource Center (474-2105) Supports children & their families, Case management; Connection to community resources in San Luis Obispo County. 1006 Grand Ave. Arroyo Grande (474-2105) (Mon-Fri, 8:00 am-5:00 pm, 1511 S. Estrella Dr., Arroyo Grande (241-6220) (Mon-Fri, 8:00 am-4:00 pm)

San Luis County Resource Center (461-2365) Serves children and their families, Case management: Connection to community resources, 3555 Palmdale Dr., Arroyo Grande 93426, 8:00 am-4:00 pm (Mon-Fri)

Coastal Family Resource Ctr. (461-2365) Serves children and their families. Case management: Connection to community resources, 3555 Palmdale Dr., Arroyo Grande 93426, 8:00 am-4:00 pm (Mon-Fri)

Crisis Line - Call for available services, homes, & locations: (466- 7231); (540-4044); Mercy Inn (772-7022); South County (461-6778); Paso Robles (805-234-2047)

Catholic Charities (541-9110) (All locations) shelter and rental assistance with funds are available.

JWRM (466-3445) Parents and children of children in school county districts, Case management, Family assistance referrals, 5600 Rd., Ste. A, Paso Robles (9:00 am - 5:00 pm, Mon-Fri)

DISABILITY ASSISTANCE

Independent Living Resource Center (ILRC) (461-112) Benefits, Assistive, Housing assistance, Referral services, 7425 (3 Caniibo Road, Be, R, 93401) (Mon-Fri, 9:00 am-5:00 pm, Mon-Fri)

MENTAL HEALTH, DRUG & ALCOHOL SERVICES

Mental Health Services - SLO County For Apointments: 880-8338/Clinic locations and community referral services. 219 Johnson Ave., SLO (781-8787) (8:00am-5:00pm)

County Veterans Line (24 hrs., Every Day)

San Luis County Suicide Prevenion Center (545-4909) (Mon-Fri, 8:00 am-5:00 pm)

Transitions-Mental Health Association (781-6519) (Mon-Fri, 8:00 am-5:00 pm)

Crisis Line - Call for available services, homes, & locations: (466- 7231); (540-4044); Mercy Inn (772-7022); South County (461-6778); Paso Robles (805-234-2047)

Catholic Charities (541-9110) (All locations) shelter and rental assistance with funds are available.

JWRM (466-3445) Parents and children of children in school county districts, Case management, Family assistance referrals, 5600 Rd., Ste. A, Paso Robles (9:00 am - 5:00 pm, Mon-Fri)

PERMANENT HOUSING SOLUTIONS

Housing Authority of San Luis Obispo (HASLO) (541-4478) Affordable housing; VASH, public housing and Section 8 programs. 487 (Left side) 1800 Grand Ave., Suite H, Grover Beach (720-3100) (8:00 am-5:00 pm, Mon-Fri)

Cuesta College Career Connections (544-2204) Training services & classes to improve skills for the workforce; Assistance in job placement (8:00 am-5:00 pm, Mon-Fri (Thurs, Summers) Santa Maria College Room 530, 5643 Mission Rd., Santa Maria Valley (915-6727) 8:00 am-5:00 pm, Mon-Fri)

California Dept. of Rehabilitation (549-3561) Employment services for eligible persons with physical and mental disabilities, (8:00 am-5:00 pm, Mon-Fri), 222 S. Higuera, SLO

SOBER LIVING ENVIRONMENT PROVIDERS

Grays Harbor Regional (460-4700) 880-8344 for appointments - Sober living homes for men and women in SLO County. Call for appts.

Casa Solana (414-8151) Sober living homes in Grover Beach for women in SLO County. Call for appointments

MiddleBrose (544-5322) Sober living home in San Luis Obispo for men - Call for appointment

NOTE